

# TBIPS Core Curriculum

## **YEAR ONE: Psychotherapy & Psychoanalytic Programs**

### **Quarter One 1-8**

### **Quarter Two 9-16**

### **Quarter Three 17-24**

### **Quarter Four 25-32**

#### **Division I: Theory**

#### **Foundations and Development of Psa – 16 wks**

- philosophical foundations & historical origins
- major nodal points in the history of psa
- evolution of divergent paradigms
- general overview of main psychoanalytic models of mind

#### **Human Dev. I**

Infancy –Latency

#### **Human Dev. II**

Adolescence- Adulthood

#### **Division II:**

#### **Applications**

#### **Motivation & Emotion**

- theories of motivation (drive, object, attachment, self regulatory)
- evolution of affect theory
- ego/drive/compromise formation
- guilt, shame
- mentalization & reflective func.
- intersubjectivity - self states

#### **Psychopathology, Character, & Diagnosis**

- symptom formation
- anxiety
- neurosis
- intrapsychic conflict
- developmental deficit
- character pathology
- perversions
- trauma (child & adult)
- addictions

#### **Division III: Technique**

#### **The Psychoanalytic**

#### **Situation**

- initial consult
- how to listen, respond
- silence
- self-disclosure
- analytic authority
- analyst's subjectivity
- considerations of neutrality/abstinence/anonymity
- ethics
- therapeutic alliance, trust
- process of tx –early/mid/late
- interactive matrix/analyst participation
- frame & boundaries
- intersubjectivity

#### **Psychoanalytic Method & Technique-16 wks**

- historical view (catharsis, hypnosis, etc)
- Free Association, fantasy/phantasy
- Conflict & Defense/close process (x 2)
- Enactment (x2)
- Transference (x 2)
- enactment ( x 2)
- Interpretation
- holding/containing.
- Empathy
- Countertransference (x 2)
- Negotiation
- Non-interpretive mechanisms
- Use of “analytic third”

## YEAR TWO: Psychotherapy & Psychoanalytic Programs

**Quarter One**  
1-8

**Quarter Two**  
9-16

**Quarter Three**  
17-24

**Quarter Four**  
25-32

**Division I:**  
**Theory**

Ego Psychology/  
Structural Theory

Object Relations

- Kleinian,
- Independent School/Winnicott
- American Object Relations

Self Psychology  
Intersubjectivity

Interpersonal,  
Relational,

**Division II:**

**Applications**

-----**Clinical Case Conference**-----

**Division III:**  
**Technique**

Dreams

Adv. Technique/Analytic Process (16 weeks)

- psychoanalytic evidence
- close process monitoring
- interaction & relational aspects

Elective